Coronavirus (Covid-19) Going for a virus test



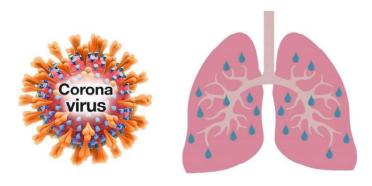




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Coronavirus is sometimes called Covid-19



It can affect your lungs and your airways.

Most people who get the virus will not be very ill.

Some older people or people who already have health problems may become more ill.

If you get this virus

- you might have a cough
- a sore throat
- a high temperature



If you have symptoms You might need to get a test



The test will tell the doctors if you have the virus



You might have to travel to get the test You might have to wait for your turn

The test is quick



Its ok to be worried about the test.

The test has 2 parts:

The first part is the nose test.

The staff will take a cotton swab
They will tell you to tip your head back
They will put the cotton swab in your nose
It has to go up your nose
It may feel strange but does not hurt
Try to stay still
It is over quickly



Remember this will help you to stay safe

The test has 2 parts:

The second part is the throat test.

The nurse will take a different cotton swab

She will tell you to open your mouth wide

She will put the swab in your throat and move it around

It does not hurt, but it can feel strange Try to stay still It is over quickly



Tell the nurse if you feel like you are going to be sick.

After the test you can relax



You can be proud that you have been brave

You have to wait to find out if you have the virus

This is ok.





The staff will tell you what is going to happen next.

If you are worried you can speak to your family, carers or staff that support you.



It is ok to be worried but the staff can help